



JOHN WESLEY'S 22 QUESTIONS FOR PRIVATE DEVOTION

These are the 22 questions the members of John Wesley's Holy Club asked themselves every day in their private devotions over 200 years ago. This week, we will use them as a tool for self-examination and reflection.

- Am I consciously or unconsciously creating the impression that I am a better person than I really am? In other words, am I a hypocrite?
- Am I honest in all my acts and words, or do I exaggerate?
- Do I confidentially pass on to another what was told to me in confidence?
- Can I be trusted?
- Am I a slave to dress, friends, work, or habits?
- Am I self-conscious, self-pitying, or self-justifying?
- Did the Bible live in me today?
- Do I give [the Bible] time to speak to me every day?
- Am I enjoying prayer?
- When did I last speak to someone else about my faith?
- Do I pray about the money I spend?
- Do I get to bed on time and get up on time?
- Do I disobey God in anything?
- Do I insist upon doing something about which my conscience is uneasy?
- Am I defeated in any part of my life?
- Am I jealous, impure, critical, irritable, touchy, or distrustful?
- How do I spend my spare time?
- Am I proud?
- Do I thank God I am not as other people, especially as the Pharisees who despised the publican?
- Is there anyone I fear, dislike, disown, criticize, hold a resentment toward or disregard?
- If so, what am I doing about it?
- Do I grumble and complain constantly?
- Is Christ real in me?